

# Planning for Successful Transitions (Prt 1 & 2)

for parents/caregivers of children/youth with autism who are 0-18 years and the community partners who support them.

**Dates:** Tuesdays; May 18 & 25, 2021

**Time:** 6:30 – 7:30 p.m.

**Location:** Zoom online platform

Zoom requires a computer and data. Please ensure that you have enough data on your home plan that you do not go over and incur extra charges.



**Cost:** free

**Register:** Online registration at <https://transmay2021.eventbrite.ca/>

## Description

Transitions go smoother when everyone involved is well prepared. Small transitions can include moving from one activity to another throughout the day and big transitions include starting a new school, moving homes, puberty and transition to adulthood.

This is a two-part series exploring transitions from age 0-18 years.

In Part 1, caregivers will identify the bigger and smaller transitions in their child or youth's life.

In Part 2, the group will explore which elements of transitions can be challenging for people with autism and provide you with tools and strategies. You will build on your knowledge of your child/youth and what makes them successful. You will plan to set them up for smoother transitions - big and small.

Part 2 will build on the discussion from Part 1 and it is recommended that you attend both sessions.