

Tips for Success in Virtual Sessions

- Set up a quiet, comfortable space that will be used for virtual sessions
- Keep items nearby that your child likes and that motivate your child to learn
 - These items may help your child remain engaged by providing short access to the item throughout session, after your child engages in learning
 - If you notice the item is no longer motivating, take a break to find something else your child may want
- Keep tools nearby that help your child succeed, or ask the Instructor Therapist for ideas of strategies to use
- Make a schedule together before session starts
 - Contact the Instructor Therapist running session for a schedule breakdown
- Add breaks to the session schedule, at your discretion
 - Timers can be a good way to show your child when a break begins and ends
- Discuss the length of sessions with your child's team
 - You may need to start with short sessions and slowly work up to longer sessions
- Feel free to turn off your Zoom camera to give your child extra help, if needed
- Break large instructions down into smaller ones, if needed

**Be forgiving with yourself and your child. This is a new experience.
We are all in this together!**

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