

Why Do We Have To



Stay Home?

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In MARCH 2020 the world was introduced to a new **VIRUS** called **COVID-19**.



COVID-19 is **STRONG** and **FAST** and spreads between **PEOPLE**.



Strong

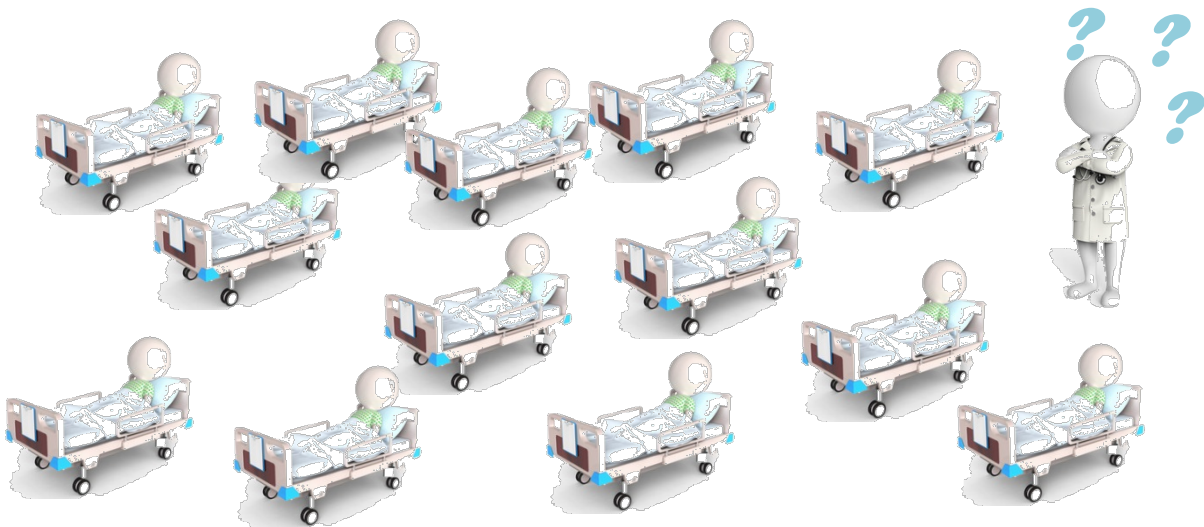


Fast



Between People

Since it is **NEW**, doctors don't have a cure for it yet. Which means, a **LOT** of people could get **VERY** sick **ALL AT ONCE** and doctors won't be able to treat everyone at the same time!



So, it is **VERY IMPORTANT** that **EVERYONE** does their part to



STOP COVID-19!

The best way to **STOP COVID-19** from spreading is to **STAY HOME** with family and practice 6 feet **PHYSICAL DISTANCING** from others.



STAY HOME



← 6 feet →



PHYSICAL DISTANCING

This means...
no going to school,
no playing at the park, and
no visiting friends or other family members
until **COVID-19** goes away.



While we are at home, we can still **HAVE FUN** in safe ways!

We can...



Spend **TIME** with **FAMILY**



PLAY games and be **ACTIVE**

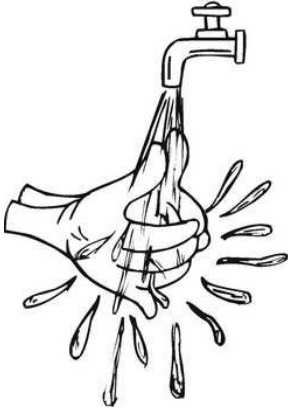
and even...



CONNECT with **FRIENDS**
from a distance.

We should also **PRACTICE BEING HEALTHY** all of the time!

This means...



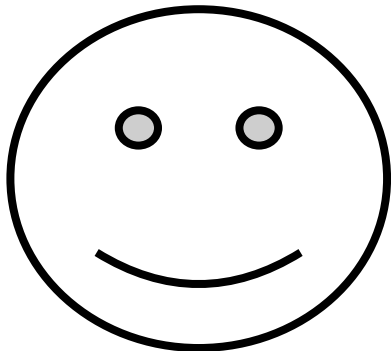
WASH HANDS

- ✓ Before cooking
- ✓ Before eating
- ✓ After using the toilet
- ✓ After coming inside
- ✓ After blowing or picking your nose
- ✓ Any time they are dirty from arts and crafts, playing or messing around



COVER COUGHS and SNEEZES

- ✓ Use a tissue for nose blowing
- ✓ Cough into elbow
- ✓ Turn away from others
- ✓ Turn away from food and drinks



HANDS OFF

DON'T TOUCH YOUR FACE

- ✓ Keep germs and bacteria that may be on your hands away from your mouth, nose and eyes by not touching your face!

When **COVID-19** has passed and it has **stopped spreading** and doctors have made **medicines and vaccines** to prevent it,



**STOPPED
SPREADING**



**MEDICINES
AND VACCINES**

we will be able to **go back to schools**, and **playgrounds**, and to **visiting friends and other family members!**



Until then, everyone can **STAY SAFE** by **STAYING HOME**



and being with **FAMILY**. So that doctors can **HELP** anyone who is sick,



and scientists can **WORK** on ways to **STOP COVID-19** for good!



We help kids be kids!

