

Setting Up for Virtual Sessions

It is important to have materials ready for virtual sessions.

- Let your child know you will need his/her help to set up the space and prepare materials
 - Start this process about 15 minutes before session, or adjust timing if it takes longer
 - Use a timer to show your child when he/she will begin gathering materials
- Find a comfortable, quiet place together in your home to attend the session
 - Have your child set up his/her device in this space
- Have items nearby that motivate your child to learn
- Make a check list of materials needed for session, using words or pictures
- Give the list to your child
 - Your child can use a checkmark or stickers to check off items
 - This could be a “scavenger hunt”
- Put the items in the designated session space
- Organize the items into the activities you will be doing
- Have items nearby that your child may need for overall success
 - Ask your child’s Instructor Therapist for ideas if needed
- Provide your child with help if needed

You are prepared for session!

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