

Preparing Snacks

For children and youth with autism spectrum disorder or special needs

- Dates:** Wednesdays
January 22 – April 8, 2020
- Time:** 4:45 - 5:45 p.m. for ages 6 - 9
6:30 - 7:30 p.m. for ages 9 - 12
- Location:** Thames Valley Children's Centre
779 Base Line Road East, London
- Cost:** \$400 (includes cost of food)
- Register:** 1.866.590.8822, press 1
- Parking:** For [parking information](https://www.tvcc.on.ca/parking-779-base-line-road-east) please visit
<https://www.tvcc.on.ca/parking-779-base-line-road-east>



Do you want to learn how to make your own snacks and meals? Do you want to learn skills in the kitchen? This group will teach you how to prepare different meals and snacks. You will learn how to follow a recipe, and some basic meal preparation skills including measuring ingredients and using a variety of kitchen tools. You may even learn to like a few new foods!