

# Play With Your Food

For children aged 2 – 12 with autism or special needs

**Dates:** 8 sessions, Fridays  
January 31, 2020 – March 20, 2020

**Time:** 10:30 a.m. – 11: 30 a.m.

**Location:** 3295 Quality Way, Windsor  
Thames Valley Children’s Centre

**Cost:** \$400

**Register:** 1.866.590.8822, then press 1

**Parking:** Free



Is your child a picky eater? Does he/she have a limited diet? Do you make multiple meals for family members?

“Play With Your Food” allows your child to interact with new foods in a structured way, guided and supported by behaviour therapists. Liquids, meltables, munchibles – food textures can be strange! As a parent/caregiver, you are asked to attend all sessions, and learn practical ways to introduce new foods into your child’s diet. Each week, you’ll have the chance to talk about progress and troubleshoot challenges with our knowledgeable and caring staff.

*\*This group will not target food concerns that are medical in nature.*