

# Creating Connections! Navigating Relationships

For youth with disabilities, 12 yrs & older, & their parents/caregivers, interested in exploring relationships.

**Dates:** Tuesday May 11, 2021

**Time:** 6:30 – 8:30 p.m.

**Location:** Zoom online platform

**Cost:** Free

**Register:** Online at  
<https://tvccythrlnshps.eventbrite.ca>



## Description

Join us for a fun workshop for youth and their parents/caregivers to explore relationships. There will be tips from teens, young adults and adults on developing and supporting teens with friendships, dating, and intimate relationships.

Participants will consider/learn about what healthy relationships have in common, and how to go about putting yourself out there in comfortable ways. We will also discuss how parents/caregivers can support their youth in developing healthy relationships. Participants will be given opportunity for small group discussion in break out rooms.

Helpful resources will be shared with participants with an offer to follow-up by scheduling an individual consultation if needed.

Families of youth with ASD will be asked for your OAP Client Information Reference Number during registration. If you believe your child is registered with the OAP and need help finding your number, watch this video, <https://youtu.be/VjTC3aZNYZQ> or email [abs@tvcc.on.ca](mailto:abs@tvcc.on.ca).