

# Regional Bike Clinic 2019 (Walkerton) Cycling Is For Everyone

**Dates:** **Thursday, May 30, 2019**  
Sessions are available between  
4:00-7:00 p.m.

**Friday, May 31, 2019**  
Sessions are available between  
10:00 a.m. – 1:00 p.m.

**Location:** TBD (Walkerton area)

**Registration:**

Please contact Sandra Ryall at  
519-685-8700, ext 53478 or [sandra.ryall@tvcc.on.ca](mailto:sandra.ryall@tvcc.on.ca) to book an appointment.

**Additional Information:**

If you have questions about the Clinic, please contact Karen Faragher, **Recreation Therapist** at 519-566-3364 or [karen.faragher@tvcc.on.ca](mailto:karen.faragher@tvcc.on.ca)



Biking with family and friends is a great way to enjoy the outdoors, exercise and simply have fun! During a Bike Clinic appointment, children/youth and their parents/caregivers will have an opportunity to meet with the Bike Clinic Team, including a physiotherapist, a recreation therapist and a technician.

Your child's abilities and bike riding goals will be explored. The team will help determine what type of bike, adaptations, and tips and tricks would make riding a bike successful. At the completion of the appointment, the team, with the support of the family, will provide strategies, suggestions and resources to meet your child and family's bike riding goals.