

Feeding 101

For parents/caregivers of preschool-age children, with special needs and the community professionals supporting them.

Dates/Times/Registration:

Thursday September 16, 2021, 9:30 - 11:30 pm

register online at

<https://feeding101sept16.eventbrite.ca/>

or

Tuesday October 26, 2021, 6:00 – 8:00 pm

register online at <https://feeding101oct26.eventbrite.ca>

or

Thursday November 25, 1:00 – 3:00 pm

register online at <https://feeding101nov25.eventbrite.ca>



Location: Zoom online platform

Cost: Free

Description

Feeding 101 is an education workshop for parents and caregivers of preschool age children who are experiencing challenges with eating.

Topics include:

- making mealtimes positive
- reducing power struggles
- defining parent and child feeding roles
- understanding of the role of sensory processing in eating challenges.

This is a parent education workshop and children DO NOT attend these sessions.