

## **Set-up for Success in the Community**

For parents/caregivers, community and educators/therapists supporting children/youth with ASD.

**Dates:** Tuesday August 3, 2021

**Time:** 1:00 – 2:00 p.m.

**Location:** Zoom online platform

Zoom requires a computer and data.

Please ensure that you have enough data on your home plan that you do not go

over and incur extra charges.

**Cost:** Free

**Register:** Online at https://successincomaug3.eventbrite.ca

## **Description**

Going out in the community before a global pandemic may have been difficult at times. Now, as things open up again, the new health and safety rules may make the thought of going out overwhelming!

Throughout this discussion we will talk about ways to help reduce the stress of going out. We will also review ways to help your child/youth feel more comfortable with new experiences and expectations while in your community. We will explore ways to be safer while helping you and your child to feel calmer and more confident during public outings.

Join us in this guided conversation, led by a Family & Community Consultant, to connect with others who have had similar experiences as your own. Together we will discuss helpful ways to prepare for things like: visiting the doctor or dentist, getting a haircut, or visiting new and over stimulating places.

For more information, or if you are having difficulties registering online, please contact Carrie at <a href="mailto:register@tvcc.on.ca">register@tvcc.on.ca</a> or 519-953-5445.

