

Going to the Dentist

Social Narrative for Children and Youth with Autism



It is time for a trip to the dentist. The dentist keeps my teeth clean and healthy.



I can play with toys, read a book, or play on the iPad while I wait.



Cathy Green Interiors, photo credit Barb Furgurson

I wait in the waiting room until it is my turn.



The dental hygienist will come to the waiting room and call my name.



I will go to the cleaning room and sit in the dentist chair.



The dentist will give me glasses to protect my eyes.



The dentist might use something cool to open my mouth wider! This will make it easier to clean my teeth.



I can have someone there to hold my hand if I am scared.



The dentist might show me how to brush my teeth.



When I am done, I will be happy because my mouth will feel clean!



I will wait while we pay.



I will get a new toothbrush I can use at home!



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