

# It Takes A Village

Location: ZOOM- A Virtual Meeting Platform

Cost: Free

Register at: 519-438-4783 ext 191 or [judywright@cscn.on.ca](mailto:judywright@cscn.on.ca)

Please specify which session(s) you wish to attend

ALL SESSIONS RUN - 6:30pm – 8:30pm

## October 4<sup>th</sup> 2022: **“Navigating Mental Health Supports and Services for Children and Youth” - Part 1**

- Caregivers and youth will speak to their experiences in navigating mental health services and will provide helpful tips
- TVCC Wellness Project

## October 18<sup>th</sup> 2022: **“Navigating Mental Health Supports and Services” - Part 2**

- Lead Mental Health Agency speaks to where to start in accessing services for your child/youth
- Mental Health Services and Supports within your child’s school

## Nov 1, 2022-**“Exploring Recreation and Leisure Opportunities”**

- Caregivers will speak about navigating and accessing recreation opportunities
- Local agencies will present about navigating recreation and leisure opportunities in our community

## January 9, 2023-**“Taxes and Financial Planning “**

- Financial Planner / Lawyer
- Specific information and considerations when having a child with disabilities will be provided

## March 7, 2023- **“Navigating the Transition to Adult Services”**

- Developmental Services Ontario / Ontario Disability Support Program
- Caregivers will speak about how to prepare for the transition in services and supports for youth with a Developmental Disability

## May 2, 2023- **“Transition Planning Throughout your Child’s School Years and Building Effective Teams Around Your Child ”**

- Parents and local school boards will provide information on working together to successfully support children with disabilities on their journey into school and throughout their school career

FAMILIES OF CHILDREN AND YOUTH WITH DISABILITIES



Connect with other Families



Gather resources



Get Organized



Gain knowledge



Talk about advocacy



Plan for today, tomorrow and the future



Ask questions