## Understanding Behaviour (Part 1 & 2)

For parents/caregivers of children/youth with special needs and the professionals/community who support them

## Part 1

Thursday November 14, 2019, 10:00 a.m. – 12:00 p.m. Register online at <u>https://ubprt1.eventbrite.ca</u>

## Part 2

Thursday November 21, 2019, 10:00 a.m. – 12:00 p.m. Register online at <u>https://ubprt2.eventbrite.ca</u>

Location: TVCC, Room 302, 3<sup>rd</sup> Floor 3295 Quality Way, Windsor, Ontario



Parking: Onsite

Additional Information: If you cannot register online, please call Carrie at519.685.8700, ext 53367 (toll free: 1.866.590.8822), at least one week prior to the workshop, with date/time, name(s), phone number and email address. We will email you a confirmation.

Please note that participants need to have attended Part 1 to participate fully in the Part 2 activities.

This two-part workshop will teach about the ABC's of behaviour. In Part 1, we identify behaviours that interfere with everyday activities. We look at why problem behaviours happen and the strategies to help manage them on a daily basis. In Part 2, the presenter will help you identify alternative behaviours that are more appropriate than the problem behaviours. You will develop a plan to target a specific problem behaviour.

Please note: in this presentation, we cannot address more severe interfering behaviours such as self-injurious behaviour (e.g., hits own head) or aggression that causes physical harm to others.

