

# Welcome to Sensory 101

## For parents/caregivers of preschool age children with sensory challenges

**Dates:** Tuesday October 1, 2019  
online at  
<https://sensory101oct1.eventbrite.ca>

or

Tuesday December 3, 2019  
online at  
<https://sensory101dec3.eventbrite.ca>

or

Tuesday February 4, 2010 online at <https://sensory101feb4.eventbrite.ca>

**Time:** 9:30 – 11:30 a.m.

**Location:** Thames Valley Children's Centre, 779 Base Line Rd, London, ON

**Parking:** Visitor Parking, Lot 7, LHSC rate of \$4 per hour and \$12 daily max. Credit cards accepted. Accessible parking information is available at <https://www.tvcc.on.ca/parking-779-base-line-road-east>.

**Additional Information:** If you cannot register online, please call Carrie Connell at 519-685-8700, ext 53367.



Sensory 101 is an education session welcoming parents and caregivers of preschool age children who may have sensory challenges.

Parents will be introduced to what the sensory systems are and how they work. The goal is to help parents and caregivers understand their child better. This understanding will assist families in developing strategies to help make life easier. During the presentation, there will be opportunities for families to suggest ideas for future sessions.