

Feeding 101

Education Workshop for Parents/Caregivers of preschool age children with eating challenges

Date/Time/Registration:

Tuesday January 8, 2019; 9:30-11:30 am

Register online at <https://feedingjan8.eventbrite.ca>

or

Thursday February 28, 2019; 1:00 – 3:00 pm

Register online at <https://feedingfeb28.eventbrite.ca>

or

Wednesday March 27, 2019; 6:00 – 8:00 pm

Register online at <https://feedingmar27.eventbrite.ca>



Location: Thames Valley Children's Centre, 779 Base Line Road East, London, ON

Cost: Free

Parking: LHSC Visitor Lot #7 at \$4.00/hr, \$12.00 daily maximum. Visa, MC, cash accepted.

Accessible parking information is available at <https://www.tvcc.on.ca/parking-779-base-line-road-east>.

Additional Information: If you cannot register online, call Carrie, at 519-685-8700, ext 53367 at least one week prior to the workshop. For program related questions, please call Monique Van Kessel at 519-685-8700, ext 53391 or Julia Valvano at 519-685-8700 ext 53402.

Feeding 101 is an education workshop for parents and caregivers of preschool age children who are experiencing challenges with eating. This workshop provides general strategies for feeding challenges.

Topics include: making mealtimes more positive, reducing power struggles, defining parent and child feeding roles and understanding of the role of medical factors, oral motor factors and sensory processing skills in eating challenges.

This is a parent education workshop and children do not attend these sessions.