

Welcome to Sensory 101

For parents/caregivers of preschool age children with sensory challenges

Dates/Registration:

- Tuesday December 4, 2018 online at
<https://sensory101dec.eventbrite.ca>
- or
- Tuesday February 19, 2019 online at
<https://sensory101feb.eventbrite.ca>
- or
- Tuesday April 16, 2019 online at
<https://sensory101apr.eventbrite.ca>
- or
- Tuesday, June 11, 2019 online at
<https://sensory101june.eventbrite.ca>



Time: 9:30 – 11:30 a.m.

Location: Thames Valley Children's Centre
779 Base Line Rd, London, ON

Parking: Visitor Parking, Lot 7, LHSC rate of \$4 per hour and \$12 daily max. Credit cards accepted. Accessible parking information is available at
<https://www.tvcc.on.ca/parking-779-base-line-road-east>.

Additional Information: If you cannot register online, please call Carrie Connell at 519-685-8700, ext 53367. This program is for adults; however, child minding and supervised activities are available for preschoolers, if arranged during registration. Child minding registration deadline is 2 weeks prior to the workshop.

Sensory 101 is an education session welcoming parents and caregivers of preschool age children who may have sensory challenges. Parents will be introduced to what the sensory systems are and how they work. The goal is to help parents and caregivers understand their child better. This understanding will assist families in developing strategies to help make life easier. During the presentation, there will be opportunities for families to suggest ideas for future sessions.