

Youth Active Access

For TVCC children/youth with disabilities, age 10 - 18 years (or up to 21 yrs if in school), and siblings who reside within Middlesex, Elgin, Oxford, Huron, Perth, Grey, and Bruce counties.

Dates: Wednesdays; October 6, 13, 20, 27, 2021

Time: 6:00 – 6:30 p.m.

Place: Zoom online platform; Zoom requires a device with data. Please ensure that you have enough data on your home plan that you do not go over and incur extra charges.

Cost: None

Register: Online at <https://youactaccoct6.eventbrite.ca/>



Workshop Description:

A four-part series where each week focuses on a different recreational activity.

Participants receive an at home kit that allows them to follow along each week with the skills presented. Kits are loaned out for the duration of the program and participants are able to utilize them at their leisure outside of the virtual program.

Community partners will be present for 3 of the 4 weeks to facilitate their activity.

This program allows participants to learn about new activities and develop basic skills, all while staying active virtually!

October 6 - Boccia Ball; October 13 – Yoga; October 20 - Martial Arts; October 27 - Move and Groove

If you are having trouble registering online or have questions about the Zoom platform, please contact register@tvcc.on.ca or 519-953-5445.