

Workshop Information

Dates: Weds, March 9—30, 2020
Time: 6:30—8:00 p.m.
Place: HVPI located in St. Thomas Aquinas High School, London, ON
Register: Contact Mindy at 519-858-2774, Ext. 2133, melinda.worrad@ontario.ca or Monique: 519-685-8700, Ext. 53391 monique.vankessel@tvcc.on.ca

For More Information:

Mindy Worrad
Social Worker

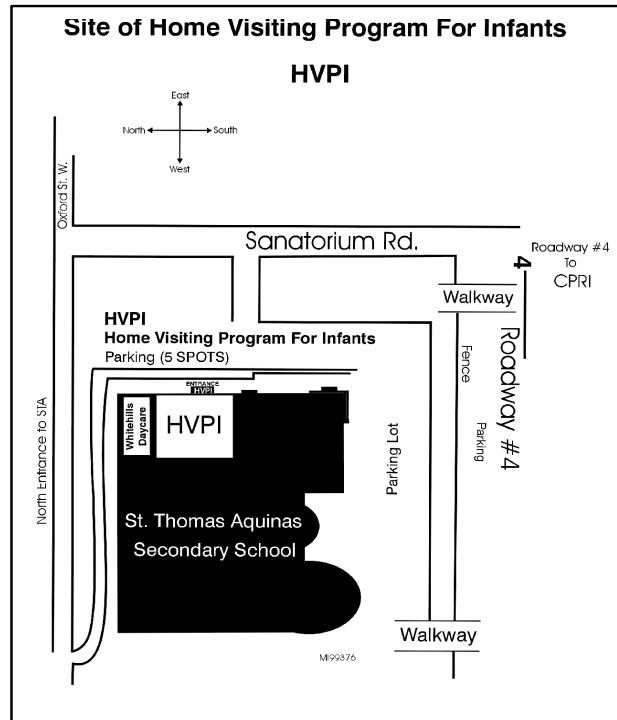
Home Visiting Program for Infants
519-858-2774, Ext. 2133
melinda.worrad@ontario.ca

Monique VanKessel

Occupational Therapist
Thames Valley Children's Centre
519-685-8700, Ext. 53391
monique.vankessel@tvcc.on.ca

Location:

Home Visiting Program for
Infants (HVPI) at
St. Thomas Aquinas High School
1360 Oxford St W
London, ON



NEW BEGINNINGS Parent Workshops

Wednesday evenings
March 9 — March 30, 2020
6:30 - 8:00 PM

This is a partnership
between CPRI—Home Visiting
Program for Infants (HPVI)
and
Thames Valley Children's Centre (TVCC).



NEW BEGINNINGS

*These sessions are for parents & caregivers of children birth—2 years who have special needs.
(infants do not typically attend but can be accommodated if needed)*

The “New Beginnings Workshops” are for families who have had a difficult beginning to their child’s life, and are dealing with the possibility of ongoing needs.

Typically the group is made up of five or six families who meet together over four weeks. These workshops provide parents with an opportunity to meet others in a similar situation.

The children’s individual diagnoses will be different but the families will be experiencing similar challenges. We will focus on ways families usually adapt to the unexpected path they find themselves on.

Topics include how to communicate about your child’s needs, what resources are available, etc. Other parents walking through similar circumstances do understand.

Wednesday March 9, 2020

GETTING TO KNOW EACH OTHER, SHARING STORIES

Bring photos - During this meeting parents will introduce themselves and their children. We will begin to discuss how families typically respond to the news that their child may be facing some challenges. To do this we will present a model of coping/adaptation.

Wednesday March 16, 2020

FURTHER EXPLORATIONS OF HOW FAMILIES COPE

We will continue to discuss the adaptation model presented in the first meeting and talk about how parents see themselves with respect to it.



Wednesday March 23, 2020

HOW TO WORK EFFECTIVELY WITH INDIVIDUALS & ORGANIZATIONS

We will discuss how information/ education about your infant’s medical and developmental needs can help parents regain some sense of control over their lives by being able to make decisions about what services they do/do not want. We will discuss how to keep good records and how to be prepared for appointments and meetings.

Wednesday March 30, 2020

GETTING SUPPORT

We will discuss how to talk to others about your child. How to be clear about what you need from others and giving yourself permission to do things in different ways.

Note: other themes that usually are addressed in the context of these topics include how to remain strong as a couple and how to assist siblings through this journey.