

Feeding 101

Education Workshop for Parents/Caregivers of preschool age children with eating challenges

Date: Tuesday January 16, 2018

Time: 6:00 p.m. – 8:00 p.m.

Location: Thames Valley Children's Centre
779 Base Line Road East, London, ON

Cost: Free

Register: Online at
<https://feeding101jan2018.eventbrite.ca>
or call Carrie Connell at 519-685-8700, ext 53367, at least one week prior to the workshop.

Parking: LHSC Visitor Lot #7 at \$4.00/hr, \$12.00 daily maximum. Visa, MC and cash are accepted. Accessible parking information is available at
<https://www.tvcc.on.ca/parking-779-base-line-road-east>.

Questions: Contact Monique Van Kessel at 519-685-8700, ext 53391 or Julia Valvano at 519-685-8700, ext 53402



Feeding 101 is an education workshop for parents and caregivers of preschool age children who are experiencing challenges with eating. This workshop provides general strategies for feeding challenges.

Topics include: making mealtimes more positive, reducing power struggles, defining parent and child feeding roles and understanding of the role of medical factors, oral motor factors and sensory processing skills in eating challenges.

This is a parent education workshop and children DO NOT attend these sessions.