

Therapeutic Recreation Try-It Events

For School Age Children and Youth, Families & Friends (JK to grade 12)

Sledge Hockey Try-It

In partnership with the London Blizzard Sledge Hockey team, come out and give sledge hockey a try!

Dates/Time: Friday, September 28, 2018 from 1:00 pm – 3:00 pm

Register: By email to lklewis@rogers.com

Location: Kinsmen Recreation Centre, 20 Granville St, London

Cost: Free



Golf Try-It

In partnership with the Fanshawe Golf Coaches School, come out and give golf a try!

Dates/Time: Friday, October 26, 2018 from 10:00 am – 12:00 pm

Register: Online at <https://golftryit.eventbrite.ca>

Location: Thames Valley Children's Centre, 779 Base Line Road East

Cost: Free



Swim Try-It

An unstructured swim, in consultation with a TVCC Recreation Therapist, to explore swimming goals and floatation devices. Siblings are invited to register as well.

Dates/Time: Friday, November 16th, 2018 from 9:30 am – 11:00 am

Register: Online at <https://swimtryit.eventbrite.ca>

Location: Thames Valley Children's Centre, 779 Base Line Road East

Cost: Free



Additional Information: After you register, a Recreation Therapist from TVCC will call you to explore your child's strengths/abilities, share information about the event and confirm your attendance. Please contact the Therapeutic Recreation Team if you have any program related questions tr@tvcc.on.ca 519-685-8700, Ext 53374.

Not sure what to do on an upcoming PD Day? The Therapeutic Recreation team is coordinating with community partners to offer a series of community based Try-It Events that are an opportunity for you and your family to come out and try a new-to-you recreation or sport activity. Come out and learn about the activities and how to continue with that activity in your community. Parent participation is required.

#TrySomethingNew #Fwords #FunFamilyFriendsFunctionFutureFitness