

Reality 101 – Life Skills

(For youth living with disability and their families)

- Date:** Friday September 22, 2017
- Time:** 6:00 pm – 8:30 pm
- Location:** Thames Valley Children's Centre
779 Base Line Rd, London
- Cost:** Free, pizza and cupcakes provided!
- Register:** Parents and youth can register online at <https://reality101sept222017.eventbrite.ca>
or call Carrie at 519-685-8700, ext 53367



Parking: LHSC Visitor Lot #7 at \$4.00/hr, \$12 daily maximum. Visa, MC and cash are accepted. Accessible parking information is available at <http://www.tvcc.on.ca/parking-779-base-line-road-east>.

Additional Information:

Watch for these Friday night sessions at www.tvcc.on.ca on the Calendar. Come to any or all!
November 17, 2017 - Life Long Learning, January 19, 2018 - Employment/Volunteerism,
May 18, 2018 – Housing.

Have you been thinking about how to prepare for the future? Wondering how to learn skills you need for “adulting”? Do your parents struggle with letting go? Would you like to hear from other youth and parents who have experience with the transition? Come out to our Reality 101 series and get the inside scoop.

A panel of parents and youth will share information and tips about their journey with developing life skills. You will have an opportunity to connect with others and ask any questions you may have.

